

PROGRAMME

09.30	Registration & Refreshments	
SESSION I:	Chair Prof Sean Gaine	
10.00	Introduction & welcome address	
	<i>Ms Regina Prenderville</i> <i>PHA – Ireland</i>	11.05
10.05	Living with Pulmonary Hypertension	
	<i>Ms Wendy Gin Sing</i> <i>PH Clinical Nurse Specialist</i> <i>Hammersmith Hospital, UK</i>	11.30
10.25	A breath of fresh air – update on oxygen therapy	
	<i>Ms Sonia Morrisson</i> <i>Senior Clinical Specialist</i> <i>Air Liquide Healthcare</i>	11.50
10.45	Exercise in PH	
	<i>Ms Ciara McCormack</i> <i>PhD researcher specialising in</i> <i>Exercise rehabilitation</i>	12.10
		12.30



11.05	BREAK
	SESSION II: Chair: Dr Brian McCullagh
11.30	Treating the patient – not the disease
	<i>Ms Kat Clinch</i> <i>Former patient</i>
11.50	Update on the Science behind PH
	<i>Dr David Welsh</i> <i>Biological & Biomedical Scientist</i> <i>Glasgow Caledonian University</i>
12.10	When the meds don't work - lung transplantation is a possible treatment option in PAH
	<i>Dr Michelle Murray</i> <i>Consultant Transplant Physician</i> <i>Mater University Hospital Dublin</i>
12.30	Short Film Presentation Courtesy of PHA UK
	Discussion Followed by lunch

WORKSHOPS

Four Workshops will run simultaneously – please choose which one you would like to attend. Delegates will remain in the same place – facilitators of the workshops will move. Two facilitators will visit each workshop.

Workshops will be held from 2.30 – 3.30pm

Workshop 1	Exercise for People living with PH
Workshop 2	Mindfulness
Workshop 3	How to get the most out of your PH clinic visit
Workshop 4	Managing breathlessness

Workshop Facilitators:

W/shop 1	Mr Thomas McCabe, Siel Bleu
W/shop 2	Clinical Psychologist, Mater Hos.
W/Shop 3	Ms Caitriona Minnock, Mater Hos
W/Shop 4	Physiotherapist

*We acknowledge the following
companies who have given an
educational grant towards the cost of
this conference*



Pulmonary Hypertension Association - Ireland

**PLEASE RESPOND IF
YOU ARE COMING TO
THE MEETING**

*You may phone to confirm your
attendance:*

01 854 5172 or 087 637 6563

Or email: pha@mater.ie

Please supply the following details:

Your name:

Number in your group:

Contact phone no:

Any special dietary requirements:

Choice of workshop:

***You can of course confirm your attendance by
mailing your details to:***

Regina Prenderville

Project Manager

Pulmonary Hypertension Association

Centre for Lung Health

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Annual Patient & Family Meeting

**SATURDAY
7TH SEPTEMBER 2019**

***Crowne Plaza Hotel
Blanchardstown, Dublin 15***